

ICYMH

Skills Development

Attachment & Parenting

This seminar will provide a brief overview of attachment and will consider the parent-child relationship, and possible problems that may occur.



2 hour online workshop

Presenter: Ms Victoria Hingston

Victoria is a Speech Pathologist with an extensive history of working with parents and infants, children, and adolescents.

DATE (1:30pm – 3:30pm Melbourne Time)
Wednesday 23 July 2025 (live seminar)

School Refusal

This seminar will describe approaches to conceptualising and assessing school refusal along with initial management strategies.



2 hour online workshop

Presenter: Associate Professor Glenn Melvin

Glenn is an experienced Clinical Psychologist and researcher with particular interests in anxiety, depression and school refusal in children and young people.

DATE (1:30pm – 3:30pm Melbourne Time)
Wednesday 10 September 2025 (live seminar#)

Alcohol & Other Drugs: Readiness to Change

This seminar will explore the nature of adolescent substance use, factors surrounding readiness to change, and how to support this.



2 hour online workshop#

Presenter: Mr Andrew Bruun

Andrew is CEO at the Youth Support and Advocacy Service, or YSAS. YSAS is one of Australia's largest youth-specific community service organisations.

DATE (1:30pm – 3:30pm Melbourne Time)
Wednesday 24 September 2025 (live seminar#)

Working with Systems

Young people typically don't present to mental health services alone. This seminar considers why a systemic approach to assessment, diagnosis, formulation and treatment planning is vital.



2 hour online workshop#

Presenter: Ms Kathleen Wood

Kathleen is a qualified Social Worker working at Take Two as a Senior Consultant, leading the Neurosequential Model of Therapeutics (NMT) practice portfolio.

DATE (1:30pm – 3:30pm Melbourne Time)
Wednesday 29 October 2025 (live seminar#)

Attention Deficit Hyperactivity Disorder

This seminar looks at ADHD, a neuro-developmental disorder that begins in early childhood and is regularly seen in presentations at Child and Adolescent Mental Health Services.



2 hour online workshop#

Presenter: Dr Emma Sciberras

Emma is a Senior Clinical Psychologist working in the Developmental Assessment and Management Program at the Alfred Infant Child and Youth Mental Health & Wellbeing Service

DATE (1:30pm – 3:30pm Melbourne Time)
Wednesday 19 November 2025 (live seminar#)

COST: \$60 / \$30***

*Price for Victorian & Tasmania ICYMHs, Take Two, Orygen, Headspace and ACCHO availability

** Price for Other professionals

Live webinar training is delivered via Zoom videoconference.
Only # **These workshops are recorded** (2 months access provided).

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Workforce Development and Training Team

Register online at mindful.org.au